

From June 17 to June 25 : a week to raise awareness about

June 21

CRIGLER-NAJJAR

CRIGLER-NAJJAR DAY

#Tousen**JAUNE**et**BLEU**



www.crigler-najjar.fr

WHY JUNE 21?

June 21th is for all Crigler-Najjar patients a **symbolic day**:

It is the **longest day of the year**, therefore, with the **longest duration of light**, a light indispensable to the life of our children.

It is the **first day of summer**, the beginning of an easier period for the sick because of the more intense **sunshine** which allows them to lighten a little their treatment by phototherapy (exposure of the body to artificial light blue).

On the contrary, it is for the patients of the southern hemisphere, the beginning of the winter and therefore of a more difficult period with less natural light, requiring a longer exposure to the blue light.

WHY Everybody in **YELLOW** and **BLUE**?

YELLOW is the **color of the skin and eyes** of the patients Crigler-Najjar, of the **sun** that makes them good, and it is also the color of the **sunflower**, flower symbol of the Crigler-Najjar patients, because like the sunflowers they also turn towards the light.

BLUE is the color of **light** that keeps them alive

To **SHOW YOUR SUPPORT** to CRIGLER-NAJJAR patients

But also to **Raise Awareness** about this disease

- **CHANGE YOUR PROFILE PHOTO** for the one of **CRIGLER-NAJJAR DAY**
- **SHARE** on social networks
- **SEND** your **SELFIES, GROUP PHOTOS, FLASH MOBS** etc ... in **YELLOW** and **BLUE** to <mailto:Tousenjauneetbleu@crigler-najjar.fr> , we will **publish** them on our Facebook page.

(on your picture you can have anything with yellow and blue: clothes, hat, scarf, necklaces, ear rings, painting, make up, balls, toys, flowers, fruit, animals, cakes, sweets etc...)

**BE CREATIVE !
WE COUNT
ON YOU !**

